



# Preventing Infection in Care

Infection Prevention and Control:  
Older Person Care Homes and  
Home Environment

## Workbook Answers

# Answers

All the answers to the questions can be found when viewing the Preventing Infection in Care DVD Programme or from information on the local policy within your setting.

You may also check the DVD scripts that can be found within each relevant section of the accompanying CD.

Alternatively all information can be downloaded from:

[www.nes.scot.nhs.uk/initiatives/healthcare-associated-infection](http://www.nes.scot.nhs.uk/initiatives/healthcare-associated-infection)

## Section 2 Question 5

	Infectious Agent	Reservoir	Portal of Exit	Transmission	Portal of Entry	Susceptible host
Sneezing openly without covering nose & mouth			✓			
Common cold virus	✓					
Respiratory system		✓				
Unwashed contaminated hands				✓		
Person you care for						✓
Touching your eyes, mouth or nose					✓	



# Answers

## Section 5 Put in order. Tick if step applies to Alcohol Based Hand Rub

Number	Step	Tick	Number	Step	Tick
1	Wet your hands		5	Rub palm to palm with fingers interlaced	✓
11	Dry your hands thoroughly		8	Rub the tips of fingers in the opposite palm in a circular movement	✓
3	Rub hands palm to palm	✓	2	Apply soap/alcohol based hand rub from a dispenser	✓
7	Rub each thumb in turn, holding it in opposite hand with rotational movement	✓	9	Rinse your hands with running water	
12	Dispose of paper towel in correct waste bin		4	Rub back of hands with palm of other hand, fingers interlaced	✓
6	Rub back of fingers to the opposing palm with fingers interlocked	✓	10	Turn off taps with your wrists or a paper towel	

