

Respite Care Data 2012: Shared Care Scotland Summary

Date: November 2012

Introduction

The Scottish Government recently released the 2012 data for the provision of respite in Local Authority areas across Scotland. The statistics are presented in "respite weeks provided or purchased by local authorities" and then further broken down into "overnight" and "daytime" respite for three age groups: 0-17, 18-64 and 65+. Much of the data is only comparable on a year-to-year basis due to methodological changes that have taken place over time. However a number of helpful comparisons are possible.

The data positively indicates a total increase in provision from 203,730 weeks in 2010/11 to 205,400 weeks in 2011/12, an increase of 1,670 weeks or 0.82%. The report also states a medium term increase in respite provided from 2007/8 to 2011/12 totalling 12,240 weeks. Broken down, it reveals respite to people over the age of 65 increased by 8,000 weeks over the last four years and by 4,220 weeks to adults aged 18 to 64, but only by 30 weeks to young people aged 0 to 17¹.

The variations in respite reported in the last year do suggest an uneven picture of provision across Scotland. The report reveals respite increasing in 18 Council areas but decreasing in 13 (40%) of Council areas namely Argyll and Bute, Clackmannanshire, Dundee City, Eilean Siar, Fife, Glasgow City, Highland, North Ayrshire, Renfrewshire, South Ayrshire, South Lanarkshire, West Dunbartonshire, and West Lothian.

This supports research carried out for Shared Care Scotland by Reid Howie Associates² in 2010 showing that respite provision between different Council areas and between different age groups varied frequently by a population pro rated factor of 5, or even 10+.

The Respite Care, Scotland 2012 report provides medium term trends with respite increasing in 27 Council areas from 2008 to 2012 but decreasing in five Council areas Aberdeen City, Clackmannanshire, Glasgow City, Renfrewshire, and West Dunbartonshire.

Although there are variations between individual Councils in the data provided, **the large variations in the balance of respite** provided between overnight and daytime in different Council areas is significant and difficult to explain. (See tables 4, 5 and 6)

¹ Due to 'rounding up' the sum of the component figures in Respite Care Data 2012 do not always add up to the totals reported in the headline figures.

² <http://www.lx.iriss.org.uk/content/its-about-time-overview-short-break-respite-care-planning-and-provision-scotland>

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Shared Care Scotland Response

The support of the Scottish Government in funding additional respite is welcome, and recognises that respite is very much a direct service that supports both unpaid carers and the people they care for with a much needed break from their caring routines. However the significant variation in Council provided or purchased respite across Scotland, and the negligible increase in breaks for disabled children and their families, remains a concern. It is also worth noting perhaps that the 2012 increase of 1,670 weeks amounts to just 25 additional minutes respite a year for each of Scotland's 657,000 carers.

With an increasing older population and the prospect of more families with long term caring responsibilities, targeted support for carers is both necessary in protecting health and wellbeing, but also cost effective in meeting key government targets to reduce unnecessary hospital admissions and institutional care. The recent 'Rest Assured?'³ research found that 57% of the 1,210 carers surveyed had not had a break from their caring responsibilities. There is still much to be done.

Notes on Tables

For information and ease of access, we have provided a summary of the data collected from local authorities between 2007/08 and 2011/12 showing the overall changes in respite weeks over this period for each age group and by area in the following 6 tables.

- Table 1: Current respite provision by local authority area
- Table 2: Increase/Decrease in overall respite weeks by local authority area 2007/08 to 2011/12
- Table 3: Increase/Decrease in respite weeks – 1 year and 4 year respite trends by age bands, overnight, and daytime provision
- Table 4: Respite weeks provided to young people aged 0 to 17 by local authority area
- Table 5: Respite weeks provided to adults aged 18 to 64 by local authority area
- Table 6: Respite weeks provided to older people aged 65+ by local authority area

This information should be reviewed together with the respite analysis provided by the Scottish Government. Copies of the Scottish Government Respite Data 2012 report can be found at:

<http://www.scotland.gov.uk/Resource/0040/00406856.pdf>

³ <http://www.iriss.org.uk/resources/rest-assured>

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TABLE 1
Current Respite Provision 2011/2012 by Local Authority Area

Council	Total Respite Weeks	Overnight Respite Weeks	Daytime Respite Weeks	Daytime Respite Weeks as a % of Total Respite Weeks
Aberdeen City	3,570	1,950	1,620	45
Aberdeenshire	7,860	4,000	3,870	49
Angus	4,340	1,500	2,830	65
Argyll & Bute	3,860	870	3,000	77
Clackmannanshire	3,000	800	2,210	74
Dumfries & Galloway	2,900	1,970	930	32
Dundee City	7,670	2,310	5,350	70
East Ayrshire	6,800	1,920	4,880	72
East Dunbartonshire	7,040	1,080	5,960	85
East Lothian	1,810	1,300	520	29
East Renfrewshire	4,640	1,250	3,390	73
Edinburgh, City of	16,720	4,530	12,200	73
Eilean Siar	1,300	730	570	44
Falkirk	3,340	1,650	1,680	50
Fife	17,800	4,740	13,060	73
Glasgow City	21,450	4,150	17,290	81
Highland	4,940	2,520	2,420	49
Inverclyde	12,650	860	11,790	93
Midlothian	4,790	940	3,850	80
Moray	1,990	1,160	830	42
North Ayrshire	4,560	2,280	2,270	50
North Lanarkshire	11,090	2,850	8,230	74
Orkney Islands	2,080	520	1,560	75
Perth and Kinross	7,330	2,920	4,400	60
Renfrewshire	3,450	2,290	1,160	34
Scottish Borders	2,280	1,730	550	24
Shetland Islands	3,750	2,170	1,580	42

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TABLE 1 (cont.)
Current Respite Provision 2011/2012 by Local Authority Area

Council	Total Respite Weeks	Overnight Respite Weeks	Daytime Respite Weeks	Daytime Respite Weeks as a % of Total Respite Weeks
South Ayrshire	7,070	2,180	4,890	69
South Lanarkshire	13,720	6,040	7,680	56
Stirling	2,210	1,400	820	37
West Dunbartonshire	6,980	1,010	5,970	86
West Lothian	2,410	1,250	1,170	49
All Scotland	205,400	66,900	138,500	67

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TABLE 2

Increase/Decrease in Overall Respite Weeks by Local Authority Area

Council	Change 2007/8 to 2008/9	Change 2008/9 to 2009/10	Change 2009/10 to 2010/11	Change 2010/11 to 2011/12	Net Change 2007/8 to 2011/12
Aberdeen City	-1,370	-1,000	-160	480	-2,050
Aberdeenshire	30	1,200	-490	150	890
Angus	170	420	0	530	1,120
Argyll & Bute	40	990	-150	-600	280
Clackmannanshire	-10	-50	-180	-70	-310
Dumfries & Galloway	-340	0	330	170	160
Dundee City	70	790	680	-330	1,210
East Ayrshire	170	350	40	220	780
East Dunbartonshire	420	660	-650	80	510
East Lothian	-60	-30	110	40	60
East Renfrewshire	-190	50	-190	410	80
Edinburgh, City of	70	520	20	500	1,110
Eilean Star	100	120	130	-50	300
Falkirk	80	90	-30	40	180
Fife	-380	1,790	1,240	-460	2,190
Glasgow City	-2,250	-1,310	560	-1,870	-4,870
Highland	-10	840	-600	-150	80
Inverclyde	-200	430	-840	710	100
Midlothian	320	250	-100	720	1,190
Moray	50	160	40	0	250
North Ayrshire	390	-110	80	-290	70
North Lanarkshire	2,800	-1,580	-480	330	1,070
Orkney Islands	-50	-200	180	160	90
Perth and Kinross	250	1,210	-120	1,130	2,470
Renfrewshire	0	20	-360	-220	-580
Scottish Borders	310	100	30	230	670
Shetland Islands	10	160	500	530	1,200

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TABLE 2 (cont.)
Increase/Decrease in Overall Respite Weeks by Local Authority Area

Council	Change 2007/8 to 2008/9	Change 2008/9 to 2009/10	Change 2009/10 to 2010/11	Change 2010/11 to 2011/12	Net Change 2007/8 to 2011/12
South Ayrshire	70	20	720	-230	580
South Lanarkshire	910	1,050	1,220	-130	3,050
Stirling	-340	10	240	370	280
West Dunbartonshire	-40	390	-140	-630	-420
West Lothian	280	520	-200	-100	500
All Scotland	1,300	7,860	1,410	1,670	12,240

TABLE 3
Increase/Decrease in Respite Weeks

One Year and Four Year Respite trends in Weeks
by Age bands, Overnight and Daytime

	Aged 0-17 Overnight	Aged 0-17 Daytime	Aged 18-64 Overnight	Aged 18-64 Daytime	Aged 65+ Overnight	Aged 65+ Daytime	TOTAL
Change 2010/11 to 2011/12	220	-90	270	-870	1,510	630	1,670
	130		-600		2,140		
Change 2007/8 to 2011/12	-210	230	1,740	2,490	2,260	5,740	12,250
	20		4,230		8,000		

The above figures have been calculated from the figures provided in Tables 2,3 & 4 of Respite Care Scotland 2012

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TABLE 4
Respite Weeks provided to Young People aged 0 to 17 by Local Authority Area

Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Aberdeen City	450	210	240	53
Aberdeenshire	1,340	130	1,210	90
Angus	340	110	230	67
Argyll & Bute	920	150	780	85
Clackmannanshire	180	50	130	72
Dumfries & Galloway	840	310	530	63
Dundee City	720	220	490	68
East Ayrshire	410	190	220	54
East Dunbartonshire	710	140	570	80
East Lothian	540	130	410	76
East Renfrewshire	670	150	520	78
Edinburgh, City of	2,650	970	1,680	63
Eilean Siar	90	20	70	78
Falkirk	760	220	530	70
Fife	880	290	590	67
Glasgow City	1,800	1,050	750	42
Highland	1,010	480	530	52
Inverclyde	160	110	60	38
Midlothian	520	70	450	87
Moray	300	130	160	53
North Ayrshire	450	240	210	47
North Lanarkshire	910	220	690	76
Orkney Islands	210	100	110	52
Perth and Kinross	380	80	290	76
Renfrewshire	710	370	350	49

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TABLE 4 (cont.)
Respite Weeks provided to Young People aged 0 to 17 by Local Authority Area

Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Scottish Borders	560	320	240	43
Shetland Islands	630	240	390	62
South Ayrshire	800	200	600	75
South Lanarkshire	1,220	410	810	66
Stirling	620	90	530	85
West Dunbartonshire	730	140	590	81
West Lothian	480	120	360	75
All Scotland	22,970	7,670	15,300	67

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TABLE 5
Respite Weeks provided to Adults aged 18 to 64 by Local Authority Area

Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Aberdeen City	700	470	230	33
Aberdeenshire	2,810	1,000	1,810	64
Angus	270	220	50	19
Argyll & Bute	1,330	130	1,210	91
Clackmannanshire	1,210	280	940	78
Dumfries & Galloway	1,180	1,050	130	11
Dundee City	4,370	850	3,520	81
East Ayrshire	3,760	680	3,070	82
East Dunbartonshire	1,090	330	760	70
East Lothian	460	450	20	4
East Renfrewshire	910	420	490	54
Edinburgh, City of	5,640	1,720	3,930	70
Eilean Siar	100	70	30	30
Falkirk	860	600	260	30
Fife	9,940	1,790	8,140	82
Glasgow City	13,910	1,510	12,390	89
Highland	1,190	600	590	50
Inverclyde	2,980	340	2,640	89
Midlothian	2,890	390	2,500	87
Moray	730	440	300	41
North Ayrshire	1,050	740	310	30
North Lanarkshire	4,830	1,030	3,800	79
Orkney Islands	1,150	110	1,040	90
Perth and Kinross	990	140	850	86
Renfrewshire	1350	890	460	34
Scottish Borders	550	310	240	44

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TABLE 5 (cont.) Respite Weeks provided to Adults aged 18 to 64 by Local Authority Area				
Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Shetland Islands	1,080	290	790	73
South Ayrshire	2,650	330	2,310	87
South Lanarkshire	3,020	1,650	1,370	45
Stirling	350	270	80	23
West Dunbartonshire	2,700	440	2,250	83
West Lothian	1,000	570	440	44
All Scotland	77,040	20,120	56,920	74

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TABLE 6
Respite Weeks provided to Older People aged 65+ by Local Authority Area

Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Aberdeen City	2,420	1,270	1,150	48
Aberdeenshire	3,710	2,870	850	23
Angus	3,730	1,170	2,550	68
Argyll & Bute	1,600	590	1,010	63
Clackmannanshire	1,610	470	1,140	71
Dumfries & Galloway	880	610	270	31
Dundee City	2,590	1,240	1,340	52
East Ayrshire	2,640	1,050	1,590	60
East Dunbartonshire	5,240	610	4,630	88
East Lothian	810	720	90	11
East Renfrewshire	3,060	680	2,380	78
Edinburgh, City of	8,420	1,840	6,590	78
Eilean Siar	1,110	640	470	42
Falkirk	1,720	830	890	52
Fife	6,990	2,660	4,330	62
Glasgow City	5,740	1,590	4,150	72
Highland	2,740	1,440	1,300	47
Inverclyde	9,510	410	9,090	96
Midlothian	1,380	480	900	65
Moray	960	590	370	39
North Ayrshire	3,060	1,300	1,750	57
North Lanarkshire	5,340	1,600	3,740	70
Orkney Islands	720	310	410	57
Perth and Kinross	5,970	2,700	3,260	55
Renfrewshire	1,380	1,030	350	25
Scottish Borders	1,160	1,100	70	6

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TABLE 6 (cont.)
Respite Weeks provided to Older People aged 65+ by Local Authority Area

Council	Total Respite Weeks	Overnight	Daytime	Daytime Respite Weeks as a % of Total Respite Weeks
Shetland Islands	2,040	1,640	400	20
South Ayrshire	3,630	1,650	1,980	55
South Lanarkshire	9,480	3,980	5,500	58
Stirling	1,240	1,040	210	17
West Dunbartonshire	3,560	430	3,130	88
West Lothian	930	560	370	40
All Scotland	105,390	39,120	66,270	63

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About Shared Care Scotland

Shared Care Scotland is a national charity which works to support the development and improvement of short break services for carers and the people they care. Our services include:

- An online and telephone enquiry service to help put carers and service users in touch with short break services that best match their needs
- General information on all matters relating to short break services
- Events, networks, publications and learning resources to share knowledge, experience and successful practice
- Shared Care Scotland also administers the Short Breaks Fund on behalf of the Scottish Government.

Please contact us if you require further information.

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