

# Preventing Infection in Care

Infection Prevention and Control:  
Care Homes for Older People and  
Home Environment



## General Overall Introduction

This DVD contains all the information you need to prevent and reduce the risk of infection and provide a safe, clean and healthy environment. Accompanying the DVD in the pack is a CD which contains many useful links and guidance on both the induction programme and the main programme that follows.

The induction programme is an introduction to hygiene and infection prevention and control for people new to the care environment and offers frequent opportunities to pause and reflect on how the information here can be applied to your particular own workplace setting.

A guidance note for trainers or supervisors is available on the CD and there is also a summary sheet of the main points shown in the induction programme.

The rest of the programmes on the DVD are equally suitable for those new to the care environment as well as helping more experienced staff broaden their knowledge or to bring their skills up-to-date.

The DVD has programmes on the causes of infection; information on common infections experienced in care homes; and a programme that describes the steps you should take if there is an outbreak of infection in your setting.

The Standard Infection Control Precautions Section of the DVD features a programme on each of the 10 standard infection control precautions and the steps that you can take to protect the wellbeing of the people you care for, the safety of family and visitors and, of course, your own health.

To accompany this programme is a printable workbook which features a range of activities for you to complete either as an independent learner or as a team. This will help to consolidate your learning and to give you the skills and knowledge to prevent infections in care. You will find this workbook on the CD and you can choose to print a black and white copy or, if you prefer, you may choose to complete the interactive PDF version on screen and save in your personal files.

All the information you need to complete the workbook is contained within the DVD so it may be helpful to read over each section of the workbook as you watch each programme. You will also find your printable certificate of completion on the CD.

Understanding the principles of infection prevention and control will support you to help the people we care for, staff, family carers and visitors - everyone, who plays a part in preventing the risk of infection in care.