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Introduction

The Scottish Government recently released the 2011 data for provision of respite in Local Authority areas across Scotland. The statistics are presented in "respite weeks provided or arranged by local authorities" and then further broken down into "respite nights" and "respite days" for three age groups: 0-17, 18-64 and 65+. Much of the data is not comparable to the first year of collection (2006/7) due to methodological changes. The changes made mean that future years' data will be directly comparable across councils.

There is a comparison to be made between this year and last, and the data indicates there was a total increase in provision from 209,800 weeks in 2009/10 to 211,250 in 2010/11, an increase of 1,450 weeks or 0.69%. The national data for the three age categories is shown on page 3.

For information, we have also provided data collected from local authorities between 2007/08 and 2010/11 - the period of the Concordat Agreement - showing the overall changes in respite weeks over this period for each age group and by area. This information should be reviewed together with the more detailed respite analysis provided by the Scottish Government. Again the methodological differences in data collection mean that comparisons are difficult.

Copies of the Scottish Government Respite Data 2011 report can be found at: http://www.sharedcarescotland.org.uk/resources/research.html

Share Care Scotland Response

Shared Care Scotland welcomes the publication of this data. However, we would caution that the report cannot and does not provide a complete picture of what is happening locally in terms of improved access to short breaks and respite care.

The data does not tell us how many people benefited from short breaks, the number waiting for a break, or the quality, choice or appropriateness of the services offered.

The data is nevertheless helpful in revealing certain patterns and trends in provision - for example the differences between local authority areas and across some age groups, the declining levels of overnight provision for disabled children & young people. These now need further investigation.

The variation in the levels of respite care across Scotland does suggest an uneven picture of provision. This is evident from the local authority data with nine areas showing a decrease in overall provision over the term of the Concordat agreement. We would therefore urge Government and COSLA to investigate how the additional funding provided to these areas has been used, and indeed in those areas where improvements have been comparatively small.

The Scottish Government rightly deserves credit for placing respite care high on its list of priorities and backing this commitment with extra resources to local authorities and the Third Sector to improve provision. Closer working partnerships between local authorities, Health Boards and the Third Sector,



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will be critical to maximise the impact of this funding and to ensure that carers and those they care for receive the breaks they deserve, regardless of where they live.

Going Forward

In relation to the ongoing development and monitoring of the 10,000 weeks target, we would wish to see the Scottish Government take the following action:

- Continue the current output measures and annual reporting of respite weeks, but also seek from local authorities a breakdown of the number of people receiving breaks in each age category;
- Clarify the reporting guidance around counting overnight and daytime provision to prevent 'double counting' in future, and what can and cannot be counted as 'respite' for the purposes of the annual statistical return;
- Ask local authorities to publish their annual respite weeks target figures for each age group at the start of the reporting year;
- Take forward with local authorities and stakeholders the development of suitable outcome measures and performance indicators for short breaks and respite care; and
- With local authorities and their planning partners, work towards publishing a localised 'Annual Statement' setting out forward plans and rationale for improving the availability, choice and quality of short breaks and respite care.



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Progress on Concordat Target:

Target: To increase respite provision by 10,000 weeks by 2010/11.

The total number or additional weeks (rounded to the nearest 10) reported between 2007/08 and 2010/11 is 10,610 weeks

The total number of additional weeks reported over this period by age group:

- A **reduction** of 100 weeks for children
- An increase of 4,820 weeks for adults
- An increase of 5,890 weeks for older people

Summary for 2010/11:

Respite in 2010/11 increased by 1,450 weeks compared to 2009/10 or 0.69%.

By Respite Type:

- Daytime respite has **increased** by 1,100 weeks or 0.76%
- Overnight respite has increased by 350 weeks or 0.54%

By Age Band:

- Respite to older people increased by 1,060 weeks or 0.98%
- Respite to adults increased by 690 weeks or 0.9%
- Respite to children has decreased by 300 weeks or 1.23%

Age		2009/10 weeks	2010/2011 weeks	% change		
	Day	16140	16570	2.66		
0-17	Night	8200	7470	-8.9		
	Total	24340	24040	-1.23		
	Day	56650	58090	2.54		
18-64	Night	20300	19550	-3.69		
	Total	76950	77640	0.9		
	Day	72720	71950	-1.06		
65+	Night	35790	37620	5.11		
	Total	108510	109570	0.98		
	Day	145510	146600	0.75		
TOTALS	Night	64290	64650	0.56		
	Total	209800	211250	0.69		



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Notes on tables on pages 5-7:

Sources: Audit Scotland SPI data 2006-2008, Scottish Government 2009 & 2010 ¹ - Same methodology used as in 2007/08 making the 2008/09 figure comparable to 2007/08, ² - Same methodology used in 2008/09 & 2009/10 making the figures comparable ³ - New methodology used making the figure incomparable to previous years but comparable with 2010/11

⁴ Figures are not comparable between Local Authorities due to the different methodologies used. An example of this is the counting of respite as both daytime and overnight support, when the services are received in the same episode of respite care. There are four Local Authorities that use this methodology and these are:

- Edinburgh
- Fife (from 2008/09)
- Moray (only for Respite provided in the home, this ceased in 2009/10)
- West Dunbartonshire (only for Respite provided to a small number of Young people (aged 0 to 17))

Overall respite provision in these areas may appear to be higher than other areas because they are, in effect, more than double counting their Care Home and Homecare respite provision.



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	No. of Respite Weeks per year for all age groups for each Local Authority area							Total No. of additional Respite Weeks delivered between 2007/08 and 2010/11 by Age Group and Local Authority area					
Local Authority	2006/ 07	2007/ 08 ¹	2008/ 09 ¹	2008/ 2009 ²	2009/ 10 ²	2009/ 10 ³	2010/ 11 ³	All	Age 0-17	Age 18-64	Age 65+		
Aberdeen City	4212	6107	4737	4251	3254	3254	3093	-2528	-451	-2020	-57		
Aberdeenshire	4910	5578	5613	6002	7201	7201	6707	740	-123	399	464		
Angus	1852	1937	2109	3409	3830	3810	3806	588	93	-10	505		
Argyll & Bute	3698	3582	3621	3621	4605	4605	4459	877	253	733	-109		
Clackmannanshire	1011	3313	3299	3299	3246	3246	3066	-248	-88	50	-210		
Dumfries & Galloway	2368	2321	1984	1984	1977	2399	2733	-11	-65	320	-266		
Dundee City	4920	5376	5450	6242	7029	7322	7998	1538	-20	888	669		
East Ayrshire	3311	3943	4109	6192	6538	6538	6581	556	161	208	187		
East Dunbartonshire	5866	6530	6948	6948	7608	7608	6963	432	114	74	245		
East Lothian	1504	1746	1695	1695	1664	1664	1765	20	-33	-59	112		
East Renfrewshire	5069	4563	4370	4370	4422	4422	4235	-329	64	378	-770		
Edinburgh, City of	22351	21226	21298	21298	21821	21821	21838	612 ⁴	-844	-242	1699		
Eilean Siar	1002	1005	1099	1099	1221	1221	1347	342	2	4	336		
Falkirk	3435	3254	3333	3238	3333	3333	3303	144	126	8	9		
Fife	7683	8345	7963	18669	20459	22436	23680	2653 ⁴	126	2424	103		



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Local Authority	2006/ 07	2007/ 08 ¹	2008/ 09 ¹	2008/ 2009 ²	2009/ 10 ²	2009/ 10 ³	2010/ 11 ³	All	Age 0-17	Age 18-64	Age 65+
Glasgow City	26059	25209	22959	22959	21652	21652	22213	-2996	-661	-1498	-837
Highland	4415	3857	3854	4846	5690	5690	5094	246	-75	-176	497
Inverciyde	3003	6992	6789	12346	12779	12779	11939	-610	-131	-756	276
Midlothian	2807	3085	3401	3309	3556	3556	3457	465	192	236	37
Moray	2278	1825	1868	1793	1948	1948	1989	239 ⁴	-8	44	203
North Ayrshire	5218	4493	4881	4881	4773	4773	4845	352	53	216	83
North Lanarkshire	9578	10023	12818	12818	11238	11238	10757	733	123	1551	-941
Orkney Islands	1334	1399	1354	1851	1654	1737	1923	-56	66	27	-149
Perth & Kinross	4379	4858	5113	5113	6319	6319	6198	1339	-16	150	1205
Renfrewshire	4251	4204	4202	4011	4029	4029	3709	-304	-28	-245	-31
Scottish Borders	1776	1621	1933	1918	2024	2024	2054	448	38	121	289
Shetland Islands	1546	1590	1601	1601	1760	1899	2396	668	173	99	396
South Ayrshire	2993	3151	3220	3220	3242	6576	7299	814	294	385	135
South Lanarkshire	10017	10675	11583	11583	12634	12634	13848	3174	345	1241	1588
Stirling	1836	1928	1593	1593	1597	1597	1844	-84	98	45	-227
West Dunbartonshire	7392	7404	7360	7360	7750	7750	7610	206 ⁴	22	-71	255
West Lothian	1572	1592	1868	2195	2715	2715	2506	587	97	293	197
Scotland	163644	172733	174028	195714	203568	209796	211252	10607	-103	4818	5892



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Local Authority	Total No. of additional Respite Weeks delivered between 2007/08 and 2010/11 by Local Authority area for all groups						
Aberdeen City	-2528						
Aberdeenshire	740						
Angus	588						
Argyll & Bute	877						
Clackmannanshire	-248						
Dumfries & Galloway	-11						
Dundee City	1538						
East Ayrshire	556						
East Dunbartonshire	432						
East Lothian	20						
East Renfrewshire	-329						
Edinburgh, City of	612 ⁴						
Eilean Siar	342						
Falkirk	144						
Fife	2653 ⁴						
Glasgow City	-2996						
Highland	246						
Inverciyde	-610						
Midlothian	465						
Moray	239 ⁴						
North Ayrshire	352						
North Lanarkshire	733						
Orkney Islands	-56						
Perth & Kinross	1339						
Renfrewshire	-304						
Scottish Borders	448						
Shetland Islands	668						
South Ayrshire	814						
South Lanarkshire	3174						
Stirling	-84						
West Dunbartonshire	206 ⁴						
West Lothian	587						
TOTAL	10607						



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About Shared Care Scotland

Shared Care Scotland is a national charity which exists to support the development and improvement of short break services for carers and the people they care. Our services include:

- An online and telephone enquiry service to help put carers and service users in touch with short break services that best match their needs
- General information and advice on all matters relating to short break services
- Events, networks, publications and learning resources to share knowledge, experience and successful practice.

Please contact us if you require further information or advice.

- www.sharedcarescotland.org,uk
- **t:** 01383 622462

